



**20169-41013-00 - Simply Potatoes,  
Refrigerated Low Sodium Mashed Potatoes,  
Peeled Russet Potatoes, 4/6 Lb Bags**

Made from fresh Russet potatoes and quality ingredients like real milk. Never frozen - arrives prepared, refrigerated and ready-to-heat, simply by boiling-in-bag or steaming. The perfect and easy solution for serving scratch-quality mashed potatoes.

Brand: Simply Potatoes®



**Nutrition Facts**

84 servings per container  
Serving size 130.00 gm ( 1/2 cup ) (130g)

Amount per serving  
**Calories 110**  
% Daily Value\*

<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 110mg	<b>5%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>

**Protein** 2g

Vitamin D 0mcg 0%	•	Calcium 20mg 2%
Iron 0.4mg 2%	•	Potassium 350mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Gluten Free, Vegetarian, Kosher YES-OU ORTHODOX UNION

**Ingredients**

Potatoes, Whole Milk, Water, Margarine (Soybean Oil, Water, Salt, Hydrogenated Cottonseed Oil, Mono And Diglycerides, Soy Lecithin, Potassium Sorbate (Preservative), Natural And Artificial Flavor, Lactic Acid, Beta Carotene (Color), Vitamin a Palmitate), Natural Flavor, Salt, Potassium Sorbate (Added To Maintain Freshness), Disodium Pyrophosphate (Added To Maintain Freshness).

**Case Specifications**

<b>GTIN</b>	10020169410134	<b>Case Gross Weight</b>	27.29 LB
<b>UPC</b>		<b>Case Net Weight</b>	24 LB
<b>Pack Size</b>	4 / 6LB	<b>Case L,W,H</b>	13.27 IN, 9.37 IN, 7.52 IN
<b>Shelf Life</b>	60 Days	<b>Cube</b>	0.54 CF
<b>Tie x High</b>	15 x 6		

**Preparation and Cooking**

**Bake:** Preheat Temp 350°F; Place mashed potatoes in a covered pan and place in a preheated (350°F) oven. Stir occasionally for even heating. Cook times will vary, cook until product reaches a minimum temperature of 160°F.

**Microwave:** Place mashed potatoes in microwavable container and cover. Stir potatoes and rotate container during heating. Heating time will vary depending on potato quantity and microwave wattage. Heat in 5 minute increments, stir, and repeat until product reaches a minimum temperature of 160°F.

**Simmer:** Place 1-2 product packages in a kettle with warm water. Cover kettle and bring water to a boil. Reduce heat to medium (low boil) and heat for 20-30 minutes until product reaches a minimum temperature of 160°F. Do not over load the kettle as hot water will splatter.

**Steam:** Place mashed potatoes in a pan and seal tightly. Heat for 15-30 minutes depending on type of steamer and amount of mashed potatoes used. Product must reach a minimum temperature of 160°F.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 160°F internal temperature.

**Serving Suggestions**

Use this lower sodium mashed potato anywhere you would use a traditional mashed potatoes. Specifically designed for the healthcare and K12 segments, utilize in any setting or program where reduced sodium levels are needed.

**Packaging and Storage**

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored refrigerated at temperatures between 33°F to 40°F.

**Allergens**

**CONTAINS:**  
Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Gmo or Gmo Derivatives

**Bioengineering Disclosure**

Contains Bioengineering or Bioengineering Derivatives