



**14616-76000-00 - Abbotsford Farms®**  
**American Humane Certified Cage Free**  
**Fully-Cooked 5.5" x 2.75" Singlefold Omelet,**  
**84/3 Oz**



American Humane Certified Cage Free conveniently heat and serve, perfect for kitchens with limited equipment, and labor. Build guest satisfaction with consistent appearance and taste. Cage Free single fold omelet.

Brand: Abbotsford Farms®

## Nutrition Facts

84 servings per container  
**Serving size 85.00 gm ( 1 omelet ) (85g)**

**Amount per serving**  
**Calories 140**

**% Daily Value\***

<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 250mg	<b>83%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 9g	
Vitamin D 1.4mcg 8%	• Calcium 60mg 4%
Iron 1.2mg 6%	• Potassium 140mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Gluten Free, Vegetarian

### Ingredients

Whole Eggs, Whey, Nonfat Milk, Pasteurized Cream Cheese (Pasteurized Milk And Cream, Cheese Culture, Salt, Carob Bean And/Or Xanthan And/Or Guar Gums), Contains 2% Or Less of the Following: Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Guar Gum, White Pepper, Natural Butter Flavor.

### Case Specifications

GTIN	10014616760002	Case Gross Weight	17.27 LB
UPC		Case Net Weight	15.75 LB
Pack Size	1 / 15.75LB	Case L,W,H	16 IN, 10 IN, 8.31 IN
Shelf Life	365 Days	Cube	0.77 CF
Tie x High	12 x 9		

### Preparation and Cooking

**Bake:** Preheat Temp 350°F; Time from Frozen 35 - 40 min; Time from Thawed 23 - 28 min; Preheat oven. Place a single layer of product in a full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Bake until thoroughly heated.

**Convection:** Preheat Temp 250°F; Time from Frozen 19 - 22 min; Time from Thawed 13 - 16 min; Preheat oven. Place a single layer of product in full-size steamer pan sprayed with non-stick cooking spray; do not cover. Bake until thoroughly heated.

**Griddle Fry:** Preheat Temp 300°F; Time from Frozen 13 - 16 min; Time from Thawed 7 - 10 min; Preheat griddle. Place omelet on griddle. Turn over half way through cooking time.

**Steam:** Time from Frozen 13 min; Time from Thawed 8 min; Place single layer of product in an ungreased full-size steamer pan; do not cover.

**Steam:** Place full load of heated product in a steam table pan. Set temperature at medium. Hold up to 1 hour maximum.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 165°F (74°C) internal temperature.

### Serving Suggestions

Perfect as a center-plate option, especially for feeding large groups (buffets), or as part of a sandwich build or wrap.

### Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F.

### Allergens

CONTAINS:

Eggs or Egg Derivatives, Milk or Milk Derivatives, Sulphites or Sulphite Derivatives, Gmo or Gmo Derivatives