



14616-74301-00 - Abbotsford Farms® Fully Cooked AHCCF IQF Scrambled Eggs, 1/20 LB Bag

NULL

Brand: Abbotsford Farms®



Nutrition Facts

162 servings per container

Serving size **56.00 GM (1/3 cup)**
(56g)

Amount per serving
Calories 90

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 250mg 83%

Sodium 170mg 7%

Total Carbohydrate 1g 0%

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 1.4mcg 8% • Calcium 40mg 4%

Iron 1.2mg 6% • Potassium 80mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Whole Eggs, Modified Corn Starch, Salt, Citric Acid, Xanthan Gum.

Case Specifications

GTIN	10014616743012	Case Gross Weight	21.95 LB
UPC		Case Net Weight	20 LB
Pack Size	1 / 20LB	Case L,W,H	15.94 IN, 11.81 IN, 9.25 IN
Shelf Life	365 Days	Cube	1.01 CF
Tie x High	10 x 7		

Preparation and Cooking

Bake: Preheat Temp 350°F; Time from Frozen 70 - 75 min; Time from Thawed 50 - 60 min; Preheat oven. Place scrambled eggs (4 lbs.) in full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Stir as necessary. (Optional: add 1/2 to 3/4 cup of water to pan).

Convection: Preheat Temp 250°F; Time from Frozen 20 - 25 min; Time from Thawed 15 - 20 min; Preheat oven. Place scrambled eggs (4 lbs.) in full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Stir as necessary. (Optional: add 1/2 to 3/4 cup of water to pan).

Griddle Fry: Griddle cooking is not a recommended heating method for scrambled eggs.

Microwave: Time from Frozen 5 - 5 1/2 min; Time from Thawed 3 - 3 1/2 min; Place scrambled eggs (2 lbs.) in an ungreased microwaveable dish. Cover with plastic wrap and vent. Heat at full power.

Steam: Time from Frozen 15 - 20 min; Time from Thawed 15 - 20 min; Place scrambled eggs (4 lbs.) in ungreased full-size steamer pan; do not cover pan. No need to stir.

Steam: Place full load of heated product in a steam table pan. Set temperature at medium. Hold up to 1 hour maximum.

Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F.

Allergens

CONTAINS:
Eggs or Egg Derivatives

Nutritional/Diet Claims: Gluten Free, Vegetarian