

**MICHAEL
FOODS** INC.

Menu More Mash With Less

Simply Potatoes® Low Sodium Mashed Potatoes allow for more control over your operation. Reduced sodium helps keep you in control of your meal programs and regulations.



Introducing...

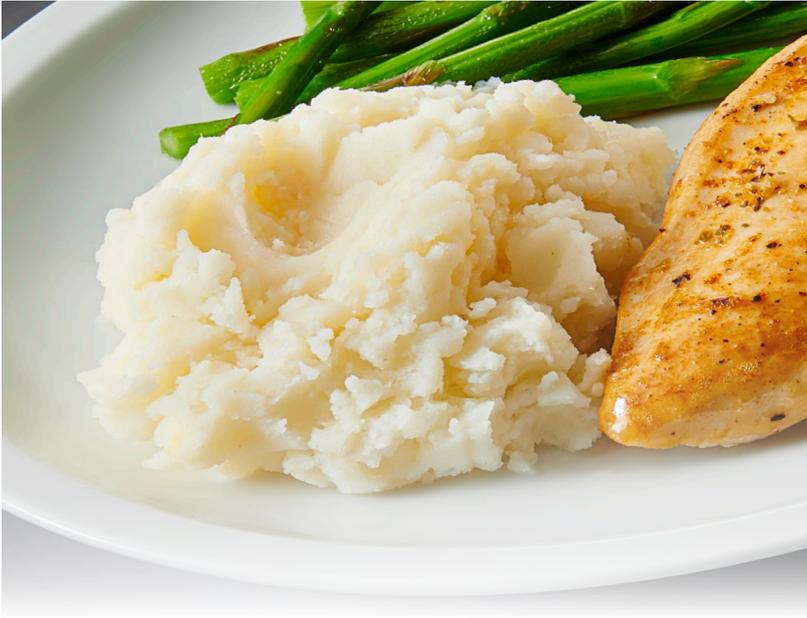
Simply Potatoes Low Sodium Mashed Potatoes

**SIMPLY
POTATOES**®

- ✓ **Low-Sodium** - 110mg of sodium per serving - perfect for healthcare settings & K12 Schools
- ✓ **Save Time & Labor** - Eliminate the labor and time required to boil, peel and mash potatoes
- ✓ **Consistency** - Simplify your operation while giving customers the same great product
- ✓ **Customizable** - Lower sodium allows for more versatility and customization in recipes
- ✓ **Premium Performance** - Scratch quality and never frozen

For ordering, information, or customer service assistance,
call 800-328-5474 or visit michaelfoods.com.

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Simply Potatoes Low Sodium Mashed Potatoes are made with real potatoes and quality ingredients to provide a homemade taste patrons are sure to love.

Item Number	20169-41013-00
GTIN	10020169410134
Case Pack	4/6 lb
Storage	Refrigerated
Shelf Life	60 days
Net Weight	24.00 Pounds
Gross Weight	26.50 Pounds
Box Dimensions	13.27" x 9.37" x 7.52"
Pallet Configuration	90 (15 x 6)

Nutrition Facts

About 84 servings per container
Serving size 1/2 Cup (130g)

Amount per serving	% Daily Value*
Calories 110	
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 350mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Storage & Shelf Life

Shelf life is 60 days from production date at refrigerated temperatures of 33.0 °F (min) to 40.0 °F (max).

Once opened, if stored and handled properly, the product should be used within 2-3 days.

Ingredients

POTATOES, WHOLE MILK, WATER, MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED COTTONSEED OIL, MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE (PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR, LACTIC ACID, BETA CAROTENE (COLOR), VITAMIN A PALMITATE), NATURAL FLAVOR, SALT, ARTIFICIAL COLOR, POTASSIUM SORBATE (ADDED TO MAINTAIN FRESHNESS), DISODIUM PYROPHOSPHATE (ADDED TO MAINTAIN FRESHNESS).

Boil-in-Bag

Place 1-2 product packages in a kettle with warm water. Cover kettle and bring water to a boil. Reduce heat to medium (low boil) and heat for 20-30 minutes until product reaches a minimum temperature of 160°F. Do not over load the kettle as hot water will splatter.

Microwave

Place mashed potatoes in microwavable container and cover. Stir potatoes and rotate container during heating. Heating time will vary depending on potato quantity and microwave wattage. Heat in 5 minute increments, stir, and repeat until product reaches a minimum temperature of 160°F.

Steamer Oven

Place mashed potatoes in a pan and seal tightly. Heat for 15-30 minutes depending on type of steamer and amount of mashed potatoes used. Product must reach a minimum temperature of 160°F.

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