



# Michael Foods K-12 Product Summary\*

## 2023-2024 School Year



|                                                             | Product Code | Pack Size                 | Serving Size | Meal Pattern Contribution | USDA Foods Eligible | Total Cal (Kcal) | Total Fat (g) | Sat Fat (g) | Sodium (mg) | Protein (g) |
|-------------------------------------------------------------|--------------|---------------------------|--------------|---------------------------|---------------------|------------------|---------------|-------------|-------------|-------------|
| <b>Hard Cooked Eggs</b>                                     |              |                           |              |                           |                     |                  |               |             |             |             |
| Easy Eggs® 2 Count Hard Cooked Eggs Grab 'N Go              | 46025-20242  | 14/2 Count<br>2.71 lb.    | 2 Eggs       | 3.00 oz. eq. M/M/A        |                     | 120              | 8             | 2.5         | 125         | 11          |
| 1 Count Refrigerated Hard Cooked Egg, IW - Clear            | 46025-63361  | 36/1 Count<br>3.49 lb.    | 1 Egg        | 1.50 oz. eq. M/M/A        |                     | 60               | 4             | 1.5         | 60          | 6           |
| 2 Count Refrigerated Hard Cooked Eggs, IW - Clear           | 46025-63482  | 48/2 Count<br>9.3 lb.     | 2 Eggs       | 3.00 oz. eq. M/M/A        |                     | 120              | 8             | 2.5         | 125         | 11          |
| Refrigerated 12/12 Count Dry Pack                           | 46025-85018  | 12/12 Count<br>15 lb.     | 1 Egg        | 1.50 oz. eq. M/M/A        |                     | 70               | 5             | 1.5         | 55          | 6           |
| Frozen Diced Hard Cooked Eggs                               | 46025-64102  | 4/5 lb.<br>20 lb.         | 1/3 Cup      | 1.25 oz. eq. M/M/A        |                     | 60               | 4.5           | 1.5         | 50          | 5           |
| <b>Liquid and Scrambled Eggs</b>                            |              |                           |              |                           |                     |                  |               |             |             |             |
| Refrigerated Liquid Whole Egg w/Citric (Cartons)            | 46025-91200  | 15/2 lb.<br>30 lb.        | 3 Tbsp       | 1.50 oz. eq. M/M/A        |                     | 70               | 4.5           | 1.5         | 65          | 6           |
| Frozen Scrambled Egg Mix (Cook In Bag)                      | 46025-54211  | 6/5 lb.<br>30 lb.         | 1/2 Cup      | 3.5 oz. eq. M/M/A         |                     | 140              | 9             | 3           | 150         | 12          |
| Frozen Liquid Whole Egg w/Citric (Cartons)                  | 46025-65123  | 6/5 lb.<br>30 lb.         | 3 Tbsp       | 1.5 oz. eq. M/M/A         |                     | 70               | 4.5           | 1.5         | 65          | 6           |
| <b>Cage-Free Hard Cooked Eggs</b>                           |              |                           |              |                           |                     |                  |               |             |             |             |
| Easy Eggs® Cage-Free 2 Count Hard Cooked Eggs Grab 'N Go    | 46025-21242  | 14/2 Count<br>2.71 lb.    | 2 Eggs       | 3.00 oz. eq. M/M/A        |                     | 120              | 8             | 2.5         | 125         | 11          |
| Refrigerated 1 Count, IW - Clear Cage-Free Hard Cooked Egg  | 14616-64361  | 36/1 Count<br>3.49 lb.    | 1 Egg        | 1.50 oz. eq. M/M/A        |                     | 60               | 4             | 1.5         | 60          | 6           |
| Refrigerated 2 Count, IW - Clear Cage-Free Hard Cooked Eggs | 14616-64482  | 48/2 Count<br>9.3 lb.     | 2 Eggs       | 3.00 oz. eq. M/M/A        |                     | 120              | 8             | 2.5         | 125         | 11          |
| Refrigerated 12/12 Count Dry Pack Cage-Free                 | 14616-60676  | 12/12 Count<br>15 lb.     | 1 Egg        | 1.50 oz. eq. M/M/A        |                     | 70               | 5             | 1.5         | 55          | 6           |
| Frozen Diced Cage-Free Hard Cooked Eggs                     | 14616-64001  | 4/5 lb.<br>20 lb.         | 1/3 Cup      | 1.75 oz. eq. M/M/A        |                     | 60               | 4.5           | 1.5         | 50          | 5           |
| <b>Cage-Free Liquid and Scrambled Eggs</b>                  |              |                           |              |                           |                     |                  |               |             |             |             |
| Refrigerated Liquid Whole Egg w/Citric Cage-Free (Cartons)  | 14616-81250  | 15/2 lb.<br>30 lb.        | 3 Tbsp       | 1.5 oz. eq. M/M/A         |                     | 70               | 4.5           | 1.5         | 65          | 6           |
| Frozen Scrambled Egg Mix Cage-Free (Cook In Bag)            | 14616-54200  | 6/5 lb.<br>30 lb.         | 1/2 Cup      | 3.50 oz. eq. M/M/A        |                     | 140              | 9             | 3           | 150         | 12          |
| Frozen Whole Egg w/Citric Cage-Free (Cartons)               | 14616-51100  | 6/5 lb.<br>30 lb.         | 3 Tbsp       | 1.5 oz. eq. M/M/A         |                     | 70               | 4.5           | 1.5         | 65          | 6           |
| <b>USDA Foods Program</b>                                   |              |                           |              |                           |                     |                  |               |             |             |             |
| 3.5" Grilled Scrambled Egg Patty - Round                    | 29903-70200  | 300/1.25 oz.<br>23.44 lb. | 1 Patty      | 1.00 oz. eq. M/M/A        | X                   | 60               | 4             | 1           | 110         | 3           |
| Colby Cheese Singlefold 5"x 2.5" Omelet                     | 29903-76250  | 144/2.10 oz.<br>18.9 lb.  | 1 Omelet     | 2.00 oz. eq. M/M/A        | X                   | 120              | 10            | 3.5         | 300         | 7           |
| Refrigerated 12/12 Count Dry Pack                           | 29903-60600  | 12/12 Count<br>15 lb.     | 1 Egg        | 1.50 oz. eq. M/M/A        | X                   | 60               | 4             | 1.5         | 65          | 6           |
| Frozen, Scrambled Egg Mix (Cook In Bag)                     | 29903-54297  | 6/5 lb.<br>30 lb.         | 1/2 Cup      | 3.50 oz. eq. M/M/A        | X                   | 140              | 9             | 3           | 160         | 12          |

\* 2023-2024 portfolio products do not contain trans fat



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